

Health Center Protocols for Students

The Health Center will be divided into separate areas for well student (i.e. for routine medication, injury) and ill student visits.

- **Students with symptoms of illness** will be directed by the nurse to the bay area or designated private room. If symptoms of COVID-19 are present the parent will be contacted to make arrangements to have the child transported home. Parents will be responsible for contacting their physician for further direction.

Guidelines for Student Illness

1. Upon arrival at school, non-residential students will have their temperature taken by an ISD staff person using a thermoscan thermometer.
 - If their temperature is above 99.9, contact the Health Center for further direction
2. If symptoms arise during the day, staff will contact the Health Center for further direction.
3. Prior to departure from the dormitories each morning, residential students will be assessed by dormitory staff.
 - Temperature will be taken using a thermoscan thermometer
 - If their temperature is above 99.9, contact the Health Center for further direction
 - Other symptoms of COVID-19 (see symptoms checklist)
 - If symptoms are observed, contact the Health Center for further directions

Health Center Protocols for Students to return to school

1. **Symptom-based strategy** – Students with two or more symptoms of COVID-19 are to be cared for at home and may return to school under the following conditions:
 - Student has been tested for COVID 19 and is negative. Parent will provide documentation of test results. PCP/pharmacy/urgent care COVID test needed, and documentation including name, DOB, results. Home tests will not be accepted.
 - At least 24 hours have passed since the last fever without the use of fever-reducing medications **and**
 - Symptoms (e.g. cough, shortness of breath) have improved
- If unable to provide negative COVID test, or if COVID positive
- At least 10 days have passed *since symptoms first appeared* **and**
 - At least 24 hours have passed since the last fever without the use of fever-reducing medications **and**
 - Symptoms (e.g. cough, shortness of breath) have improved

2. **Test-based strategy** - Persons who have tested positive for COVID-19 and/or were directed by their physician to care for themselves at home may discontinue isolation under the following conditions:

- o 10 days have passed since testing positive for COVID-19, or initial symptoms began **and**
- o Resolution of fever without the use of fever-reducing medications **and**
- o Improvement of symptoms (e.g. cough, shortness, of breath)

3. **Exposure to COVID-19-** If the student has had close contact/exposure (defined as being 6 feet or closer for 10-15 minutes or longer without wearing a mask) with a person diagnosed with COVID-19, the following guidelines will be followed:

ISD recommends following the CDC's [COVID-19 exposure guidance](#). ISD will no longer require quarantine when an individual is exposed to a COVID-19 positive individual. If you have been exposed to a COVID-positive individual, the CDC recommends wearing a mask for 10 days. Day 0 is the day of your last exposure to someone with COVID-19. Day 1 is the first full day after your last exposure. Continue to wear a mask for 10 full days and monitor for symptoms. The CDC recommends getting tested for COVID-19 on day 6 after your exposure.

- o The student may remain in school as long as they are asymptomatic.
- o If a student becomes symptomatic, they will go home to be tested.
- o If the student tests positive, follow COVID protocol outlined above

Per ISD policy, absence for illness lasting 3 days or longer, students must have a doctor's release to return to school.